



PE at Catshill Middle School

PE plays a critical role in teaching children how to achieve optimal health and physical fitness, whilst developing their personal and social skills. We support pupils to develop the competence, confidence and motivation to continue to improve and achieve in a range of PE, sport and health-enhancing physical activities in line with their abilities. We aim to empower all pupils to lead healthy, active lifestyles and view sport as valuable to them.

Year 5						
Curriculum focus	Tag Rugby/Netball	Football/Basketball	Dance/Gymnastics	OAA/Hockey	Athletics	Cricket/Rounders
Year 6						
Curriculum focus	Tag Rugby/Netball	Football/Basketball	Dance/Gymnastics	OAA/Hockey	Athletics	Cricket/Rounders
Year 7						
Curriculum focus	Rugby/Netball	Football/Basketball	Street Dance/HF&W	OAA/Hockey	Athletics	Cricket/Flag Football
Year 8						
Curriculum focus	Rugby/Netball	Football/Basketball	Sports Leaders/HF&W	OAA/Hockey	Athletics	Cricket/Flag Football
Beyond CMS	Having completed Year Eight at Catshill Middle School the vast majority of pupils move on to local High Schools. They join pupils from a number of other schools and continue their PE learning journey.					

