

Welcome to Pear Tree Centre

Bromsgrove Parenting and Community Team

Child Health Clinics

Contact the Health Visitor Advice Service on 0300 123 9551.

Need Family Support?

Contact the Family Front Door on 01905 822666.

Information on:

Fun groups, foodbanks & how to access other services.

Call 01527 534150 & speak to a member of the Community Team.

Healthy Start Vitamins



Pregnant women, women with a child under 12 months & children aged from six months to four years who are receiving Healthy Start vouchers are entitled to free Healthy Start vitamins. If you don't receive Healthy Start Vouchers you can purchase the Healthy Start Vitamins. Healthy Start vitamins contain vitamins A, C & D for children aged from six months to four years, & folic acid & vitamins C & D for pregnant & breastfeeding women.

Where can you buy vitamins from?

- Pear Tree Centre, Broad Street, Sidemoor, Bromsgrove, B61 8LW (Tel: 01527 835775)
- Princess of Wales Hospital (Main Reception) Stourbridge Road, Bromsgrove, B61 0BB (Tel: 01527 488030)
- Holly Trees Centre, Mabey Ave, Riverside, Redditch, B98 8HW (Tel: 01527 61360)
- Smallwood House, Church Green West, Redditch, B97 4BD (Tel: 01527 488600)

Vitamins cost:
Vitamin drops for children are £1.80

Vitamins for pregnant & breastfeeding mums are £0.91

Groups for Parents & Carers

We host a variety of groups for you as parents/carers, to help bring out the best in your children, including:

Understanding Your Child

Teen Triple P

Triple P: Stepping Stones for children with additional needs

Triple P: 2 to 10yrs

Triple P: Discussion Groups

Birth & Beyond

Family Links Nurturing Programme

Talking Teens

The Incredible Years Parenting Course

See our website below or Contact a Parenting Practitioner in Bromsgrove 01527 835775 or for Redditch on 01527 61360

Are you worried about a child?

- If you have reason to believe that a child, young person or adult is at immediate risk from harm contact the Police on 999.
- If you have any concerns about a child or young person living in Worcestershire & feel that they may be in need of protection or safeguarding contact the Family Front Door by calling 01905 822666.
- For assistance out of office hours (weekdays & all day at weekends/bank holidays) call 01905 768020 www.worcestershire.gov.uk/areyouworriedaboutachild

Breastfeeding Support

Breast Buddies Redditch - Mondays & Fridays, 10am - 11.30am at Holly Trees, Mabey Ave, Redditch, B98 8HW

Breast Buddies Bromsgrove - Wednesdays, 10am - 11.30am at Pear Tree, Broad Street, Sidemoor, Bromsgrove, B61 8LW

Breastfeeding Support Workers - Bromsgrove & Droitwich call 07553 368790 Redditch call 07918 131944

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ParentingandFamily @BgroveandRditch Bromsgrove Pear Tree: 01527 835775 Redditch Holly Trees: 01527 61360

www.parentingandcommunityteam.com

Childcare Looking Choices for help with childcare costs?

For queries please contact Vicky
Bromsgrove: 07943 832294
Redditch: 07506 554297



Bromsgrove District Council
www.bromsgrove.gov.uk

